



# Monthly Devotionals

September

# *Foundation Building*



---

A Life Built on Heart Belief

What you do reveals what you believe in your heart.

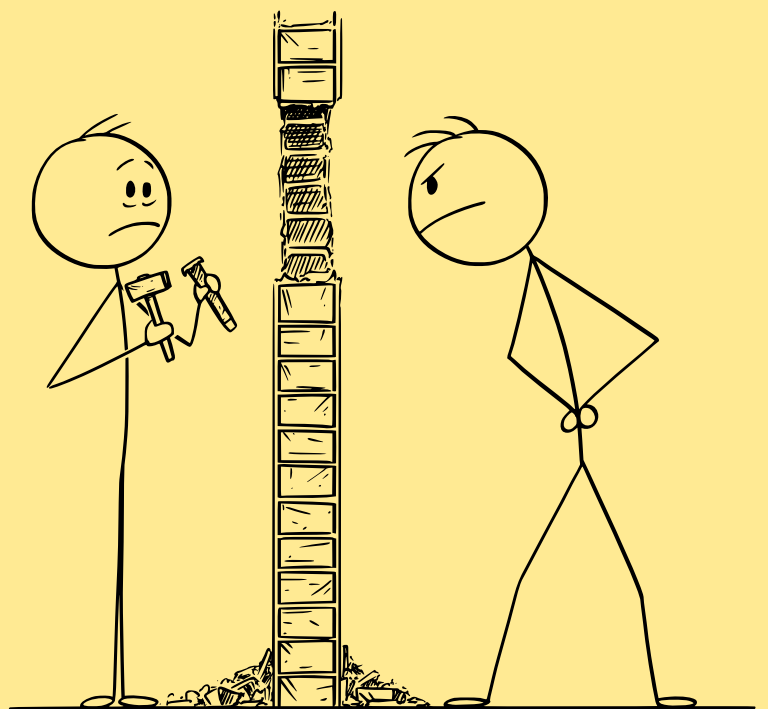
Throughout the Bible, we see examples of how our heart is closely linked to our spiritual health.

Proverbs 23:7

Romans 10:10

Matthew 6:21

Luke 6:45



It is no surprise that what we store in our hearts will manifest in our actions. With this in mind, we can safely conclude that our lives are built on our heart beliefs. And therefore, if we want to establish a solid spiritual foundation, we need to allow God to examine, extract and establish what we believe in our hearts.

There are many things we might say with our mouths, but do we believe them? Do we trust God? Do we believe He works all things for the good of those who love Him? Well, what we do reveals what we believe. So, when life throws us curveballs, do we trust God despite the suffering, the pain, and the hurt? Do we still recognise who He is or do we try and control situations ourselves?

Let's see two examples from the Old Testament. These examples are taken from 'Experiencing God'.

Read 1 Samuel 17...

## **What do you see?**

When David states he will fight the giant, his actions reveal what he truly believes about God. He tells Goliath that he comes in the name of the almighty God (verses 45-47). Of course, we know that David goes on to have the victory.

David saw God as his mighty Deliverer, and his actions, in fighting Goliath with as little as a sling and a few stones reveal the belief he held in his heart.

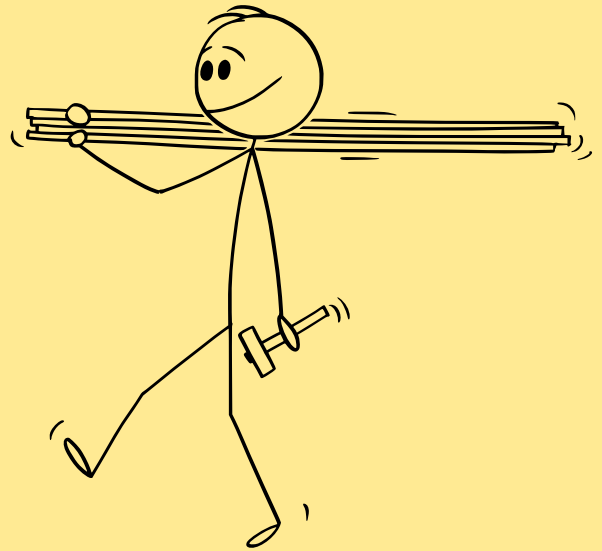
In contrast, we read in Genesis 15-17 that God revealed to Abram that He will have a son (Genesis 15:4-6). But Sarai, at that time, was in her mid-70s and she decided that Abram would have to build a family a different way, not through her. So she gave her maid, Hagar, to Abram to give birth to a son. However, we know that Sarai eventually gives birth to Isaac. Sarai's actions revealed that she did not have the faith to believe that God could do the impossible.

So, what about you?

Is your life built on a heart belief in God? Or in something else? Pause for thought today and consider this area of your life with the help of the Holy Spirit.

# Key verses

- Proverbs 23:7
- Romans 10:10
- Matthew 6:21
- Matthew 12:34-40
- Luke 6:45



# Prayer Points

Dig deeper with God on:

- How are my actions revealing what I believe?
- What is my heart belief built on?
- Pray that the Lord would reveal and guide you to build your heart on Him.

